

Meisterschaftspflichtzeiten für die verschiedenen Altersklassen

Comparison of entry times regional/national/international for the different ages

| AK/Veranstaltung | Freistil / freestyle | | | | | | Brust / breaststroke | | | Rücken / backstroke | | | Delphin / butterfly | | | Lagen / I.M. | |
|--|--|----------|----------|----------|----------|----------|----------------------|----------|----------|---------------------|----------|----------|---------------------|----------|----------|--------------|----------|
| | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| AK 20 M / 20-24 M | | | | | | | | | | | | | | | | | |
| NRW Meisterschaften regional Champ. | 00:30,0 | 01:10,0 | 02:45,0 | 05:45,0 | | | 00:40,0 | 01:30,0 | 03:15,0 | 00:38,00 | 01:24,0 | 03:00,0 | 00:33,0 | 01:20,0 | 03:00,0 | 03:00,0 | 06:15,0 |
| DSV Meisterschaften German Champ. | 00:27,50 | 01:01,00 | 02:20,00 | 05:05,00 | | 20:30,00 | 00:35,50 | 01:19,00 | 03:00,00 | 00:34,00 | 01:13,00 | 02:45,00 | 00:30,00 | 01:09,00 | 02:45,00 | 02:37,00 | 05:40,00 |
| USA Meisterschaften USA Championships | 00:28,71 | 01:05,09 | 02:35,95 | 05:48,27 | 12:50,12 | | 00:39,28 | 01:30,27 | 03:34,62 | 00:36,86 | 01:20,98 | 03:24,01 | 00:32,03 | 01:14,48 | 03:14,45 | 02:56,25 | |
| Europameisterschaften European Champ. | Leider erst ab AK 25 möglich / possible only for agegroup 25 and older | | | | | | | | | | | | | | | | |
| Weltmeisterschaften World. Champ. | Leider erst ab AK 25 möglich / possible only for agegroup 25 and older | | | | | | | | | | | | | | | | |
| AK 20 W / 20-24 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:36,00 | 01:20,00 | 03:00,00 | 06:00,00 | | | 00:46,00 | 01:42,00 | 03:40,00 | 00:44,00 | 01:37,00 | 03:25,00 | 00:41,00 | 01:30,00 | 03:25,00 | 03:25,00 | 07:00,00 |
| DSV / Germany | 00:32,00 | 01:09,00 | 02:37,00 | 05:25,00 | 12:00,00 | | 00:41,00 | 01:30,00 | 03:20,00 | 00:38,00 | 01:21,00 | 03:00,00 | 00:34,00 | 01:19,00 | 03:00,00 | 02:52,00 | 06:10,00 |
| USA /USA | 00:33,74 | 01:15,35 | 02:44,85 | 06:14,82 | 14:35,91 | 26:07,93 | 00:45,76 | 01:42,08 | 03:53,85 | 00:40,80 | 01:28,76 | 03:26,50 | 00:37,24 | 01:28,03 | 03:38,45 | 03:07,40 | 07:16,30 |
| Europa / Europe | Leider erst ab AK 25 möglich / possible only for agegroup 25 and older | | | | | | | | | | | | | | | | |
| Welt / World | Leider erst ab AK 25 möglich / possible only for agegroup 25 and older | | | | | | | | | | | | | | | | |
| AK 25 M | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:32,00 | 01:15,00 | 02:50,00 | 05:55,00 | | | 00:42,00 | 01:35,00 | 03:22,00 | 00:40,00 | 01:28,00 | 03:10,00 | 00:35,00 | 01:25,00 | 03:10,00 | 03:10,00 | 06:30,00 |
| DSV / Germany | 00:28,50 | 01:03,00 | 02:25,00 | 05:15,00 | | 21:00,00 | 00:36,50 | 01:21,00 | 03:05,00 | 00:35,00 | 01:16,00 | 02:50,00 | 00:31,00 | 01:11,00 | 02:50,00 | 02:40,00 | 05:50,00 |
| USA /USA | 00:28,17 | 01:02,68 | 02:21,85 | 05:11,20 | 11:52,70 | 24:20,31 | 00:37,29 | 01:25,07 | 03:27,41 | 00:35,01 | 01:15,59 | 02:50,91 | 00:30,48 | 01:09,13 | 02:50,63 | 02:42,49 | 07:01,38 |
| Europa / Europe | 00:28,25 | 01:07,50 | 02:22,50 | 05:15,00 | 11:00,00 | | 00:36,00 | 01:22,50 | 02:57,50 | 00:34,00 | 01:15,00 | 02:42,50 | 00:32,50 | 01:15,00 | 02:45,00 | 02:50,00 | |
| Welt / World | 00:28,20 | 01:03,80 | 02:22,00 | 05:05,00 | 11:02,00 | | 00:36,00 | 01:21,00 | 03:01,00 | 00:33,70 | 01:13,50 | 02:40,00 | 00:30,90 | 01:09,00 | 02:48,00 | 02:40,00 | 06:00,00 |
| AK 25 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:40,00 | 01:26,00 | 03:10,00 | 06:15,00 | | | 00:49,00 | 01:45,00 | 03:45,00 | 00:46,00 | 01:40,00 | 03:30,00 | 00:44,00 | 01:35,00 | 03:30,00 | 03:30,00 | 07:20,00 |
| DSV / Germany | 00:33,50 | 01:11,50 | 02:40,00 | 05:40,00 | 12:30,00 | | 00:42,00 | 01:34,00 | 03:25,00 | 00:40,00 | 01:24,00 | 03:05,00 | 00:35,00 | 01:23,00 | 03:10,00 | 02:57,00 | 06:20,00 |
| USA /USA | 00:33,29 | 01:13,52 | 02:43,32 | 05:42,79 | 12:21,03 | 24:33,04 | 00:45,47 | 01:39,74 | 03:36,52 | 00:39,39 | 01:28,99 | 03:09,22 | 00:36,09 | 01:25,20 | 04:00,49 | 03:01,14 | 07:17,33 |
| Europa / Europe | 00:32,50 | 01:20,00 | 02:45,00 | 06:30,00 | 13:30,00 | | 00:43,75 | 01:37,50 | 03:22,50 | 00:38,75 | 01:25,00 | 03:00,00 | 00:36,75 | 01:22,50 | 03:15,00 | 03:20,00 | |
| Welt / World | 00:32,50 | 01:12,00 | 02:40,00 | 05:42,00 | 12:20,00 | | 00:42,50 | 01:35,00 | 03:27,00 | 00:38,50 | 01:28,00 | 03:06,00 | 00:36,00 | 01:21,00 | 03:08,00 | 03:04,00 | 06:33,00 |
| AK 30 M | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:33,00 | 01:18,00 | 02:55,00 | 06:10,00 | | | 00:44,00 | 01:38,00 | 03:30,00 | 00:42,00 | 01:32,00 | 03:20,00 | 00:37,00 | 01:32,00 | 03:20,00 | 03:20,00 | 06:50,00 |
| DSV / Germany | 00:29,50 | 01:05,00 | 02:30,00 | 05:30,00 | | 22:00,00 | 00:38,00 | 01:25,00 | 03:10,00 | 00:36,00 | 01:19,00 | 02:55,00 | 00:32,00 | 01:15,00 | 02:55,00 | 02:44,00 | 06:10,00 |
| USA /USA | 00:28,32 | 01:03,05 | 02:21,97 | 05:08,90 | 11:13,75 | 23:14,04 | 00:36,87 | 01:23,06 | 03:07,27 | 00:34,53 | 01:14,97 | 02:50,68 | 00:30,24 | 01:08,85 | 02:49,47 | 02:41,16 | 06:12,06 |
| Europa / Europe | 00:29,50 | 01:10,00 | 02:25,00 | 05:22,50 | 11:30,00 | | 00:37,50 | 01:25,00 | 03:05,00 | 00:35,50 | 01:17,50 | 02:45,00 | 00:33,75 | 01:17,50 | 02:52,50 | 03:00,00 | |
| Welt / World | 00:28,80 | 01:05,00 | 02:25,50 | 05:13,00 | 10:50,00 | | 00:37,00 | 01:23,20 | 03:04,00 | 00:34,50 | 01:16,50 | 02:45,00 | 12:00,00 | 01:10,00 | 02:50,00 | 02:45,00 | 06:07,00 |
| AK 30 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:42,00 | 01:32,00 | 03:20,00 | 06:30,00 | | | 00:51,00 | 01:48,00 | 03:50,00 | 00:49,00 | 01:42,00 | 03:35,00 | 00:47,00 | 01:40,00 | 03:50,00 | 03:35,00 | 07:45,00 |
| DSV / Germany | 00:35,50 | 01:14,00 | 02:43,00 | 06:00,00 | 13:00,00 | | 00:44,00 | 01:38,00 | 03:35,00 | 00:42,00 | 01:28,00 | 03:15,00 | 00:37,00 | 01:28,00 | 03:25,00 | 03:02,00 | 06:35,00 |
| USA /USA | 00:32,97 | 01:11,68 | 02:38,92 | 05:40,03 | 11:53,94 | 23:10,04 | 00:44,50 | 01:38,03 | 03:35,64 | 00:41,32 | 01:27,82 | 03:12,58 | 00:35,42 | 01:21,06 | 03:40,71 | 03:04,01 | 06:31,85 |
| Europa / Europe | 00:33,75 | 01:22,50 | 02:52,50 | 06:45,00 | 14:00,00 | | 00:45,00 | 01:40,00 | 03:30,00 | 00:40,00 | 01:30,00 | 03:10,00 | 00:38,00 | 01:25,00 | 03:22,50 | 03:30,00 | |
| Welt / World | 00:33,50 | 01:15,00 | 02:45,00 | 05:52,00 | 12:20,00 | | 00:44,00 | 01:37,00 | 03:31,00 | 00:40,00 | 01:27,00 | 03:08,00 | 00:36,50 | 01:24,00 | 03:16,00 | 03:09,00 | 06:43,00 |

Meisterschaftspflichtzeiten für die verschiedenen Altersklassen

Comparison of entry times regional/national/international for the different ages

| AK/Veranstaltung | Freistil / freestyle | | | | | | Brust / breaststroke | | | Rücken / backstroke | | | Delphin / butterfly | | | Lagen / I.M. | |
|------------------------|----------------------|----------|----------|----------|----------|----------|----------------------|----------|----------|---------------------|----------|----------|---------------------|----------|----------|--------------|----------|
| | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| AK 35 M | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:34,00 | 01:21,00 | 03:05,00 | 06:25,00 | | ---- | 00:47,00 | 01:41,00 | 03:35,00 | 00:45,00 | 01:35,00 | 03:25,00 | 00:40,00 | 01:38,00 | 03:25,00 | 03:25,00 | 07:15,00 |
| <i>DSV / Germany</i> | 00:30,50 | 01:10,00 | 02:35,00 | 05:50,00 | | 23:00,00 | 00:40,00 | 01:29,00 | 03:15,00 | 00:39,00 | 01:23,00 | 03:00,00 | 00:33,00 | 01:18,00 | 03:00,00 | 02:50,00 | 06:25,00 |
| <i>USA / USA</i> | 00:28,49 | 01:03,41 | 02:22,54 | 05:09,58 | 11:07,67 | 21:46,38 | 00:37,09 | 01:23,94 | 03:08,22 | 00:34,43 | 01:16,33 | 02:53,24 | 00:30,64 | 01:09,73 | 02:54,95 | 02:43,30 | 06:07,51 |
| <i>Europa / Europe</i> | 00:30,75 | 01:12,50 | 02:30,00 | 05:30,00 | 12:00,00 | | 00:38,75 | 01:27,50 | 03:12,50 | 00:37,00 | 01:20,00 | 02:52,50 | 00:35,00 | 01:20,00 | 03:00,00 | 03:10,00 | |
| <i>Welt / World</i> | 00:29,80 | 01:06,00 | 02:28,00 | 05:21,00 | 11:06,00 | | 00:37,00 | 01:23,20 | 03:09,00 | 00:36,00 | 01:20,00 | 02:50,00 | 00:32,00 | 01:12,00 | 02:53,00 | 02:50,00 | 06:12,00 |
| AK 35 W | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:45,00 | 01:36,00 | 03:30,00 | 06:45,00 | ---- | | 00:53,00 | 01:53,00 | 03:55,00 | 00:51,00 | 01:45,00 | 03:40,00 | 00:50,00 | 01:45,00 | 03:55,00 | 03:40,00 | 08:30,00 |
| <i>DSV / Germany</i> | 00:38,00 | 01:17,00 | 02:50,00 | 06:20,00 | 13:30,00 | | 00:46,50 | 01:42,00 | 03:45,00 | 00:45,00 | 01:35,00 | 03:25,00 | 00:39,00 | 01:35,00 | 03:40,00 | 03:08,00 | 06:50,00 |
| <i>USA / USA</i> | 00:32,85 | 01:11,44 | 02:37,60 | 05:33,94 | 11:45,17 | 22:52,80 | 00:44,28 | 01:37,48 | 03:35,26 | 00:40,22 | 01:26,96 | 03:06,77 | 00:35,82 | 01:22,03 | 03:34,36 | 03:03,01 | 06:45,96 |
| <i>Europa / Europe</i> | 00:35,00 | 01:25,00 | 03:00,00 | 07:00,00 | 14:30,00 | | 00:47,50 | 01:45,00 | 03:40,00 | 00:42,50 | 01:35,00 | 03:20,00 | 00:40,00 | 01:30,00 | 03:30,00 | 03:40,00 | |
| <i>Welt / World</i> | 00:34,00 | 01:17,00 | 02:45,00 | 05:52,00 | 12:40,00 | | 00:45,50 | 01:39,00 | 03:40,00 | 00:42,00 | 01:32,00 | 03:22,00 | 00:38,50 | 01:28,00 | 03:28,00 | 03:21,00 | 07:06,00 |
| AK 40 M | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:35,00 | 01:24,00 | 03:10,00 | 07:10,00 | ---- | | 00:49,00 | 01:43,00 | 03:45,00 | 00:47,00 | 01:40,00 | 03:30,00 | 00:42,00 | 01:43,00 | 03:40,00 | 03:30,00 | 07:45,00 |
| <i>DSV / Germany</i> | 00:32,00 | 01:13,00 | 02:40,00 | 06:00,00 | | 24:00,00 | 00:42,00 | 01:34,00 | 03:20,00 | 00:41,00 | 01:27,00 | 03:10,00 | 00:35,00 | 01:23,00 | 03:10,00 | 02:55,00 | 06:45,00 |
| <i>USA / USA</i> | 00:28,78 | 01:04,86 | 02:23,07 | 05:05,77 | 10:56,68 | 21:06,87 | 00:37,71 | 01:24,14 | 03:10,31 | 00:34,93 | 01:16,42 | 02:53,24 | 00:31,23 | 01:12,06 | 02:56,44 | 02:47,08 | 06:05,25 |
| <i>Europa / Europe</i> | 00:32,50 | 01:17,50 | 02:37,50 | 05:45,00 | 12:30,00 | | 00:40,00 | 01:30,00 | 03:20,00 | 00:38,50 | 01:25,00 | 03:00,00 | 00:37,50 | 01:22,50 | 03:10,00 | 03:20,00 | |
| <i>Welt / World</i> | 00:31,00 | 01:08,50 | 02:33,00 | 05:21,00 | 11:06,00 | | 00:39,00 | 01:29,00 | 03:17,00 | 00:37,50 | 01:21,00 | 02:59,00 | 00:33,50 | 01:16,00 | 03:02,00 | 02:58,00 | 06:25,00 |
| AK 40 W | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:48,00 | 01:40,00 | 03:35,00 | 07:10,00 | ---- | | 00:55,00 | 01:55,00 | 04:00,00 | 00:54,00 | 01:50,00 | 03:45,00 | 00:52,00 | 01:50,00 | 04:00,00 | 03:45,00 | 09:05,00 |
| <i>DSV / Germany</i> | 00:41,00 | 01:23,00 | 03:00,00 | 06:40,00 | 14:15,00 | | 00:48,50 | 01:47,00 | 03:55,00 | 00:47,00 | 01:42,00 | 03:35,00 | 00:43,00 | 01:43,00 | 03:55,00 | 03:20,00 | 07:10,00 |
| <i>USA / USA</i> | 00:34,08 | 01:15,78 | 02:45,39 | 05:48,05 | 12:10,43 | 23:52,79 | 00:45,41 | 01:40,76 | 03:39,30 | 00:41,16 | 01:30,66 | 03:15,64 | 00:36,77 | 01:28,13 | 03:44,81 | 03:10,95 | 06:52,62 |
| <i>Europa / Europe</i> | 00:37,50 | 01:27,50 | 03:07,50 | 07:15,00 | 15:00,00 | | 00:50,00 | 01:50,00 | 03:50,00 | 00:45,00 | 01:40,00 | 03:30,00 | 00:42,50 | 01:35,00 | 03:40,00 | 03:50,00 | |
| <i>Welt / World</i> | 00:36,00 | 01:20,00 | 03:00,00 | 06:25,00 | 13:20,00 | | 00:47,50 | 01:46,00 | 03:50,00 | 00:44,00 | 01:37,00 | 03:35,00 | 00:41,00 | 01:33,00 | 03:38,00 | 03:29,00 | 07:25,00 |
| AK 45 M | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:37,00 | 01:27,00 | 03:20,00 | 06:55,00 | ---- | | 00:51,00 | 01:45,00 | 03:50,00 | 00:49,00 | 01:45,00 | 03:40,00 | 00:45,00 | 01:45,00 | 03:45,00 | 03:35,00 | 08:20,00 |
| <i>DSV / Germany</i> | 00:33,00 | 01:16,00 | 02:45,00 | 06:20,00 | | 25:00,00 | 00:44,00 | 01:37,00 | 03:30,00 | 00:42,00 | 01:32,00 | 03:25,00 | 00:37,00 | 01:28,00 | 03:25,00 | 03:05,00 | 07:05,00 |
| <i>USA / USA</i> | 00:29,34 | 01:05,97 | 02:28,40 | 05:22,36 | 11:21,01 | 22:14,80 | 00:38,84 | 01:27,19 | 03:18,34 | 00:35,75 | 01:18,45 | 02:52,99 | 00:31,90 | 01:14,12 | 03:05,06 | 02:53,59 | 06:21,04 |
| <i>Europa / Europe</i> | 00:33,75 | 01:20,00 | 02:45,00 | 06:00,00 | 13:00,00 | | 00:42,50 | 01:35,00 | 03:30,00 | 00:40,00 | 01:30,00 | 03:10,00 | 00:40,00 | 01:25,00 | 03:20,00 | 03:30,00 | |
| <i>Welt / World</i> | 00:32,00 | 01:11,50 | 02:33,00 | 05:45,00 | 11:40,00 | | 00:41,00 | 01:32,00 | 03:23,00 | 00:38,80 | 01:26,00 | 03:10,00 | 00:34,50 | 01:19,00 | 03:10,00 | 03:06,00 | 06:40,00 |
| AK 45 W | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:50,00 | 01:45,00 | 03:40,00 | 07:25,00 | ---- | | 00:58,00 | 02:00,00 | 04:15,00 | 00:56,00 | 01:56,00 | 04:00,00 | 00:54,00 | 01:55,00 | 04:15,00 | 03:55,00 | 09:45,00 |
| <i>DSV / Germany</i> | 00:43,00 | 01:30,00 | 03:20,00 | 07:00,00 | 15:00,00 | | 00:52,00 | 01:51,00 | 04:05,00 | 00:50,00 | 01:48,00 | 03:50,00 | 00:46,00 | 01:50,00 | 04:15,00 | 03:40,00 | 07:35,00 |
| <i>USA / USA</i> | 00:35,26 | 01:17,91 | 02:55,29 | 06:12,77 | 12:58,95 | 25:45,49 | 00:47,60 | 01:44,62 | 03:52,24 | 00:42,76 | 01:34,54 | 03:30,34 | 00:38,20 | 01:35,73 | 03:59,19 | 03:22,47 | 07:32,28 |
| <i>Europa / Europe</i> | 00:40,00 | 01:30,00 | 03:15,00 | 07:30,00 | 15:30,00 | | 00:52,50 | 01:55,00 | 04:00,00 | 00:50,00 | 01:50,00 | 03:45,00 | 00:45,00 | 01:40,00 | 03:50,00 | 04:00,00 | |
| <i>Welt / World</i> | 00:38,00 | 01:26,00 | 03:15,00 | 06:55,00 | 14:30,00 | | 00:49,50 | 01:48,00 | 04:00,00 | 00:46,50 | 01:43,00 | 03:45,00 | 00:43,00 | 01:42,00 | 03:57,00 | 03:37,00 | 07:55,00 |
| AK 50 M | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:40,00 | 01:30,00 | 03:25,00 | 07:15,00 | ---- | | 00:53,00 | 01:50,00 | 04:00,00 | 00:51,00 | 01:50,00 | 04:00,00 | 00:48,00 | 01:50,00 | 04:00,00 | 03:45,00 | 09:00,00 |
| <i>DSV / Germany</i> | 00:34,50 | 01:21,00 | 02:55,00 | 06:45,00 | | 26:00,00 | 00:46,00 | 01:42,00 | 03:40,00 | 00:44,00 | 01:38,00 | 03:40,00 | 00:39,00 | 01:35,00 | 03:45,00 | 03:15,00 | 07:25,00 |
| <i>USA / USA</i> | 00:30,38 | 01:08,11 | 02:34,04 | 05:37,55 | 11:49,14 | 24:15,68 | 00:40,40 | 01:30,62 | 03:23,53 | 00:38,18 | 01:25,31 | 03:11,57 | 00:33,63 | 01:19,91 | 03:40,54 | 03:02,36 | 06:44,07 |
| <i>Europa / Europe</i> | 00:35,00 | 01:25,00 | 02:52,50 | 06:15,00 | 13:30,00 | | 00:45,00 | 01:40,00 | 03:45,00 | 00:42,50 | 01:35,00 | 03:20,00 | 00:42,50 | 01:30,00 | 03:30,00 | 03:45,00 | |
| <i>Welt / World</i> | 00:33,00 | 01:15,30 | 02:47,00 | 06:00,00 | 12:20,00 | | 00:43,00 | 01:34,00 | 03:30,00 | 00:40,50 | 01:30,00 | 03:20,00 | 00:36,00 | 01:22,00 | 03:26,00 | 03:11,00 | 07:00,00 |

Meisterschaftspflichtzeiten für die verschiedenen Altersklassen

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|------------------|----------------------|----------|----------|----------|----------|----------|----------------------|----------|----------|---------------------|----------|----------|---------------------|----------|----------|--------------|----------|
| | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| AK 50 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:52,00 | 01:50,00 | 03:50,00 | 07:50,00 | ----- | | 01:01,00 | 02:05,00 | 04:30,00 | 00:58,00 | 02:02,00 | 04:20,00 | 00:57,00 | 02:00,00 | 04:30,00 | 04:10,00 | 10:30,00 |
| DSV / Germany | 00:45,00 | 01:38,00 | 03:30,00 | 07:30,00 | 15:45,00 | | 00:54,00 | 01:56,00 | 04:20,00 | 00:53,00 | 01:54,00 | 04:10,00 | 00:51,00 | 01:56,00 | 04:35,00 | 03:50,00 | 08:00,00 |
| USA /USA | 00:37,59 | 01:25,78 | 03:11,60 | 06:50,76 | 14:16,04 | 27:31,82 | 00:49,85 | 01:50,50 | 04:07,76 | 00:46,94 | 01:43,56 | 03:47,23 | 00:43,87 | 01:51,57 | 04:29,79 | 03:42,01 | 08:41,66 |
| Europa / Europe | 00:42,50 | 01:37,50 | 03:30,00 | 07:45,00 | 16:00,00 | | 00:55,00 | 02:00,00 | 04:15,00 | 00:55,00 | 02:00,00 | 04:10,00 | 00:50,00 | 01:50,00 | 04:00,00 | 04:15,00 | |
| Welt / World | 00:40,50 | 01:32,00 | 03:30,00 | 07:32,00 | 15:30,00 | | 00:52,50 | 01:56,00 | 04:10,00 | 00:49,50 | 01:48,00 | 04:00,00 | 00:45,00 | 01:53,00 | 04:26,00 | 03:58,00 | 08:50,00 |
| AK 55 M | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:43,00 | 01:32,00 | 03:30,00 | 07:35,00 | | ----- | 00:55,00 | 01:55,00 | 04:15,00 | 00:54,00 | 01:55,00 | 04:10,00 | 00:50,00 | 01:55,00 | 04:10,00 | 03:55,00 | 09:45,00 |
| DSV / Germany | 00:36,00 | 01:25,00 | 03:00,00 | 07:10,00 | | 27:00,00 | 00:48,00 | 01:46,00 | 03:50,00 | 00:46,00 | 01:42,00 | 03:55,00 | 00:41,00 | 01:40,00 | 04:05,00 | 03:25,00 | 07:45,00 |
| USA /USA | 00:31,74 | 01:11,25 | 02:51,45 | 06:07,57 | 13:00,23 | 25:45,58 | 00:42,56 | 01:36,21 | 03:38,46 | 00:40,67 | 01:31,12 | 03:18,81 | 00:35,08 | 01:36,57 | 03:59,16 | 03:15,11 | 07:34,73 |
| Europa / Europe | 00:37,50 | 01:30,00 | 03:00,00 | 06:30,00 | 14:00,00 | | 00:50,00 | 01:50,00 | 04:00,00 | 00:45,00 | 01:40,00 | 03:30,00 | 00:45,00 | 01:40,00 | 03:45,00 | 04:00,00 | |
| Welt / World | 00:34,00 | 01:18,00 | 03:02,00 | 06:20,00 | 13:10,00 | | 00:45,00 | 01:44,00 | 03:45,00 | 00:42,50 | 01:35,00 | 03:30,00 | 00:37,00 | 01:31,00 | 03:45,00 | 03:20,00 | 07:25,00 |
| AK 55 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:55,00 | 01:55,00 | 04:00,00 | 08:25,00 | ----- | | 01:03,00 | 02:10,00 | 04:50,00 | 01:00,00 | 02:07,00 | 04:40,00 | 01:00,00 | 02:05,00 | 04:50,00 | 04:20,00 | 11:20,00 |
| DSV / Germany | 00:48,00 | 01:43,00 | 03:45,00 | 08:00,00 | 16:30,00 | | 00:57,00 | 01:59,00 | 04:35,00 | 00:57,00 | 01:58,00 | 04:30,00 | 00:56,00 | 02:00,00 | 04:55,00 | 04:00,00 | 08:30,00 |
| USA /USA | 00:41,31 | 01:35,20 | 03:38,38 | 07:30,67 | 16:36,82 | 32:20,17 | 00:55,04 | 02:02,14 | 04:26,74 | 00:51,62 | 01:56,97 | 04:10,73 | 00:49,85 | 02:13,16 | 05:00,11 | 04:16,39 | 09:14,61 |
| Europa / Europe | 00:45,00 | 01:45,00 | 03:45,00 | 08:00,00 | 16:30,00 | | 00:57,50 | 02:10,00 | 04:30,00 | 01:00,00 | 02:10,00 | 04:30,00 | 00:55,00 | 02:00,00 | 04:15,00 | 04:30,00 | |
| Welt / World | 00:42,50 | 01:37,00 | 03:40,00 | 07:55,00 | 16:20,00 | | 00:54,50 | 02:03,00 | 04:25,00 | 00:52,00 | 01:57,00 | 04:15,00 | 00:48,50 | 02:01,00 | 04:40,00 | 04:06,00 | 09:25,00 |
| AK 60 M | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:45,00 | 01:35,00 | 03:35,00 | 08:00,00 | ----- | | 00:58,00 | 02:00,00 | 04:25,00 | 00:57,00 | 02:00,00 | 04:25,00 | 00:52,00 | 02:00,00 | 04:25,00 | 04:05,00 | 10:35,00 |
| DSV / Germany | 00:39,00 | 01:29,00 | 03:10,00 | 07:35,00 | | 28:00,00 | 00:50,00 | 01:50,00 | 04:00,00 | 00:49,00 | 01:46,00 | 04:10,00 | 00:45,00 | 01:45,00 | 04:25,00 | 03:45,00 | 08:05,00 |
| USA /USA | 00:33,94 | 01:17,25 | 03:01,21 | 06:33,83 | 14:09,13 | 28:22,10 | 00:45,39 | 01:43,01 | 03:54,93 | 00:44,30 | 01:39,84 | 03:41,71 | 00:38,62 | 01:47,36 | 04:32,80 | 03:34,58 | 08:09,54 |
| Europa / Europe | 00:40,00 | 01:35,00 | 03:15,00 | 06:45,00 | 15:00,00 | | 00:55,00 | 02:00,00 | 04:15,00 | 00:50,00 | 01:50,00 | 03:45,00 | 00:50,00 | 01:50,00 | 04:00,00 | 04:15,00 | |
| Welt / World | 00:36,00 | 01:23,00 | 03:11,00 | 06:43,00 | 14:10,00 | | 00:47,00 | 01:46,00 | 03:50,00 | 00:45,50 | 01:44,00 | 03:50,00 | 00:40,50 | 01:41,00 | 03:58,00 | 03:37,00 | 08:05,00 |
| AK 60 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 01:00,00 | 02:08,00 | 04:20,00 | 09:10,00 | ----- | | 01:05,00 | 02:15,00 | 05:10,00 | 01:03,00 | 02:12,00 | 05:05,00 | 01:10,00 | 02:20,00 | 05:10,00 | 04:30,00 | 12:15,00 |
| DSV / Germany | 00:50,00 | 01:48,00 | 04:00,00 | 08:30,00 | 17:30,00 | | 01:00,00 | 02:05,00 | 04:50,00 | 01:00,00 | 02:05,00 | 04:50,00 | 01:00,00 | 02:15,00 | 05:15,00 | 04:10,00 | 09:00,00 |
| USA /USA | 00:43,18 | 01:37,77 | 03:39,46 | 07:57,91 | 19:57,43 | 32:07,20 | 00:56,92 | 02:05,10 | 04:41,64 | 00:54,11 | 02:01,79 | 04:31,08 | 00:55,19 | 02:20,22 | 05:09,44 | 04:26,70 | 09:43,31 |
| Europa / Europe | 00:50,00 | 01:52,50 | 04:00,00 | 08:30,00 | 17:30,00 | | 01:00,00 | 02:20,00 | 04:45,00 | 01:05,00 | 02:20,00 | 04:45,00 | 01:00,00 | 02:10,00 | 04:30,00 | 04:45,00 | |
| Welt / World | 00:44,50 | 01:42,00 | 03:55,00 | 08:25,00 | 17:25,00 | | 00:57,00 | 02:11,00 | 04:40,00 | 00:54,50 | 02:05,00 | 04:23,00 | 00:54,00 | 02:14,00 | 05:10,00 | 04:20,00 | 09:43,00 |
| AK 65 M | | | | | | | | | | | | | | | | | |
| NRW / regional | 00:48,00 | 01:40,00 | 03:45,00 | 08:50,00 | ----- | | 01:00,00 | 02:10,00 | 04:50,00 | 01:00,00 | 02:05,00 | 04:50,00 | 00:55,00 | 02:10,00 | 04:50,00 | 04:15,00 | 11:30,00 |
| DSV / Germany | 00:43,00 | 01:34,00 | 03:30,00 | 07:55,00 | | 29:00,00 | 00:53,00 | 01:56,00 | 04:10,00 | 00:51,00 | 01:53,00 | 04:32,50 | 00:51,RZ | 02:00,00 | 04:50,00 | 04:15,00 | 08:30,00 |
| USA /USA | 00:35,27 | 01:20,70 | 03:11,94 | 06:53,43 | 14:32,04 | 28:16,13 | 00:46,53 | 01:50,77 | 04:07,70 | 00:45,18 | 01:45,58 | 03:56,23 | 00:41,90 | 01:53,78 | 04:47,07 | 03:51,70 | 08:57,76 |
| Europa / Europe | 00:42,50 | 01:40,00 | 03:30,00 | 07:30,00 | 16:00,00 | | 01:00,00 | 02:10,00 | 04:30,00 | 00:55,00 | 02:00,00 | 04:00,00 | 00:55,00 | 02:00,00 | 04:15,00 | 04:30,00 | |
| Welt / World | 00:38,50 | 01:29,00 | 03:26,00 | 07:30,00 | 15:10,00 | | 00:50,00 | 01:53,00 | 04:18,00 | 00:47,50 | 01:52,50 | 04:05,00 | 00:44,00 | 01:53,00 | 04:30,00 | 03:58,00 | 09:00,00 |
| AK 65 W | | | | | | | | | | | | | | | | | |
| NRW / regional | 01:03,00 | 02:15,00 | 04:35,00 | 10:00,00 | ----- | | 01:07,00 | 02:20,00 | 05:35,00 | 01:05,00 | 02:18,00 | 05:25,00 | 01:20,00 | 02:40,00 | ***** | 04:50,00 | 13:15,00 |
| DSV / Germany | 00:55,00 | 01:55,00 | 04:25,00 | 09:00,00 | 18:30,00 | | 01:05,00 | 02:15,00 | 05:00,00 | 01:06,00 | 02:10,00 | 05:20,00 | 01:05,00 | 02:20,00 | 05:35,00 | 04:25,00 | 09:30,00 |
| USA /USA | 00:47,49 | 01:48,61 | 04:01,17 | 08:26,53 | 18:22,38 | 43:03,98 | 01:02,91 | 02:19,57 | 05:22,36 | 01:00,91 | 02:12,79 | 04:46,86 | 01:04,53 | 02:50,64 | 05:58,20 | 04:50,08 | 12:04,04 |
| Europa / Europe | 00:55,00 | 02:00,00 | 04:15,00 | 09:00,00 | 18:45,00 | | 01:05,00 | 02:30,00 | 05:15,00 | 01:12,50 | 02:30,00 | 05:15,00 | 01:05,00 | 02:17,50 | 04:45,00 | 05:00,00 | |
| Welt / World | 00:48,00 | 01:52,00 | 04:14,00 | 09:10,00 | 18:40,00 | | 01:04,00 | 02:23,00 | 05:05,00 | 00:59,00 | 02:17,00 | 04:51,00 | 01:00,50 | 02:32,00 | 05:35,00 | 04:52,00 | 11:05,00 |

Meisterschaftspflichtzeiten für die verschiedenen Altersklassen

Comparison of entry times regional/national/international for the different ages

| AK/Veranstaltung | Freistil / freestyle | | | | | | Brust / breaststroke | | | Rücken / backstroke | | | Delphin / butterfly | | | Lagen / I.M. | |
|------------------------|----------------------|------------|------------|------------|------------|-------------|----------------------|------------|------------|---------------------|------------|------------|---------------------|------------|------------|--------------|------------|
| | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| AK 70 M | | | | | | | | | | | | | | | | | |
| <i>NRW / regional</i> | 00:52,00 | 01:50,00 | 04:00,00 | 09:45,00 | | ----- | 01:03,00 | 02:20,00 | 05:10,00 | 01:03,00 | 02:10,00 | 05:10,00 | 01:00,00 | 02:20,00 | 05:10,00 | 04:30,00 | 11:30,00 |
| <i>DSV / Germany</i> | 00:48,RZ | 01:42,RZ | 03:50,RZ | 08:20,RZ | | 30:00,RZ | 00:58,RZ | 02:08,RZ | 04:20,RZ | 00:58,RZ | 02:10,RZ | 04:45,RZ | 00:54,RZ | 02:15,RZ | 05:20,RZ | 04:30,RZ | 09:00,RZ |
| <i>USA / USA</i> | 00:38,91 | 01:32,98 | 03:30,95 | 07:41,93 | 16:16,33 | 31:23,60 | 00:51,68 | 01:59,48 | 04:27,65 | 00:49,58 | 01:52,52 | 04:12,07 | 00:49,19 | 02:15,40 | 06:27,19 | 04:12,38 | 10:02,77 |
| <i>Europa / Europe</i> | 00:45,00 | 01:45,00 | 03:45,00 | 08:15,00 | 17:00,00 | | 01:05,00 | 02:20,00 | 05:00,00 | 01:00,00 | 02:15,00 | 04:15,00 | 01:02,50 | 02:15,00 | 04:45,00 | 04:45,00 | |
| <i>Welt / World</i> | 00:41,50 | 01:38,00 | 03:45,00 | 08:15,00 | 16:40,00 | | 0.53,5 | 02:06,00 | 04:40,00 | 00:52,00 | 02:00,00 | 04:25,00 | 00:49,00 | 02:00,00 | 05:00,00 | 04:15,00 | 10:00,00 |
| AK 70 W | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| <i>NRW / regional</i> | 01:06,00 | 02:20,00 | 04:45,00 | 11:00,00 | ----- | | 01:10,00 | 02:25,00 | 06:05,00 | 01:10,00 | 02:25,00 | 05:55,00 | 01:25,00 | 02:50,00 | 06:05,00 | 05:05,00 | 13:15,00 |
| <i>DSV / Germany</i> | 00:58,RZ | 02:00,RZ | 04:30,RZ | 10:00,RZ | 20:00,RZ | | 01:12,RZ | 02:30,RZ | 05:20,RZ | 01:10,RZ | 02:20,RZ | 05:40,RZ | 01:10,RZ | 02:35,RZ | 05:55,RZ | 04:45,RZ | 10:00,RZ |
| <i>USA / USA</i> | 00:50,66 | 01:56,83 | 04:11,44 | 09:03,02 | 22:07,99 | 38:46,69 | 01:08,69 | 02:35,53 | 05:54,27 | 01:01,75 | 02:17,34 | 04:52,06 | 01:10,40 | 02:45,62 | 06:14,45 | 05:27,76 | 11:37,57 |
| <i>Europa / Europe</i> | 01:00,00 | 02:10,00 | 04:30,00 | 09:30,00 | 20:00,00 | | 01:10,00 | 02:40,00 | 05:45,00 | 01:20,00 | 02:45,00 | 05:30,00 | 01:10,00 | 02:30,00 | 05:15,00 | 05:30,00 | |
| <i>Welt / World</i> | 00:52,00 | 01:58,00 | 04:26,00 | 09:50,00 | 20:10,00 | | 01:08,00 | 02:34,00 | 05:30,00 | 01:04,00 | 02:24,00 | 05:08,00 | 01:11,00 | 02:55,00 | 06:35,00 | 05:15,00 | 13:00,00 |
| AK 75 M | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| <i>NRW / regional</i> | 00:58,00 | 02:00,00 | 04:10,00 | 10:30,00 | ----- | | 01:10,00 | 02:30,00 | 05:40,00 | 01:05,00 | 02:20,00 | 05:40,00 | 01:10,00 | 02:30,00 | 05:44,00 | 04:50,00 | 11:30,00 |
| <i>DSV / Germany</i> | 00:53,RZ | 01:50,RZ | 04:20,RZ | 08:40,RZ | | 31:30,RZ | 01:03,RZ | 02:20,RZ | 04:40,RZ | 01:05,RZ | 02:20,RZ | 05:00,RZ | 01:04,RZ | 02:35,RZ | 05:50,RZ | 04:50,RZ | 09:30,RZ |
| <i>USA / USA</i> | 00:41,21 | 01:41,68 | 03:58,96 | 08:56,99 | 19:23,64 | 39:40,34 | 00:58,87 | 02:23,23 | 06:11,90 | 00:55,14 | 02:07,84 | 04:55,18 | 01:02,40 | 03:46,12 | 08:34,48 | 05:23,31 | 12:31,82 |
| <i>Europa / Europe</i> | 00:50,00 | 01:50,00 | 04:00,00 | 08:45,00 | 18:00,00 | | 01:10,00 | 02:30,00 | 05:30,00 | 01:05,00 | 02:22,50 | 04:45,00 | 01:10,00 | 02:30,00 | 05:15,00 | 05:00,00 | |
| <i>Welt / World</i> | 00:46,00 | 01:50,00 | 04:10,00 | 09:00,00 | 18:10,00 | | 00:58,00 | 02:21,00 | 05:00,00 | 00:59,50 | 02:15,00 | 05:00,00 | 00:58,00 | 02:37,00 | 05:45,00 | 04:58,00 | 12:00,00 |
| AK 75 W | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| <i>NRW / regional</i> | 01:08,00 | 02:25,00 | 04:55,00 | 12:00,00 | ----- | | 01:15,00 | 02:35,00 | 06:40,00 | 01:15,00 | 02:30,00 | 06:20,00 | 01:30,00 | 03:00,00 | 06:40,00 | 05:20,00 | 13:15,00 |
| <i>DSV / Germany</i> | 01:15,RZ | 02:15,RZ | 04:50,RZ | 10:30,RZ | 21:30,RZ | | 01:20,RZ | 02:36,RZ | 05:40,RZ | 01:20,RZ | 02:35,RZ | 06:00,RZ | 01:15,RZ | 02:55,RZ | 06:15,RZ | 05:00,RZ | 10:30,RZ |
| <i>USA / USA</i> | 00:53,77 | 02:11,03 | 04:47,88 | 10:11,14 | 26:23,47 | 43:01,07 | 01:15,02 | 03:00,25 | 06:47,39 | 01:06,21 | 02:40,67 | 05:53,37 | 01:24,22 | 03:21,86 | 07:25,39 | 05:59,56 | 17:01,29 |
| <i>Europa / Europe</i> | 01:05,00 | 02:20,00 | 04:45,00 | 10:00,00 | 21:15,00 | | 01:20,00 | 02:50,00 | 06:15,00 | 01:27,50 | 03:00,00 | 06:15,00 | 01:17,50 | 02:45,00 | 05:45,00 | 06:00,00 | |
| <i>Welt / World</i> | 00:56,50 | 02:12,00 | 04:57,00 | 11:00,00 | 23:10,00 | | 01:19,50 | 03:01,00 | 06:10,00 | 01:10,00 | 02:39,00 | 05:40,00 | 01:25,00 | 03:30,00 | 07:50,00 | 06:00,00 | 15:30,00 |
| AK 80 M | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| <i>NRW / regional</i> | 01:00,00 | 02:20,00 | 04:40,00 | 11:00,00 | ----- | | 01:15,00 | 02:40,00 | 06:40,00 | 01:10,00 | 02:30,00 | 06:30,00 | 01:20,00 | 02:40,00 | 06:40,00 | 05:15,00 | |
| <i>DSV / Germany</i> | keine Zeit / no time | | | | | | | | | | | | | | | | |
| <i>USA / USA</i> | 00:49,37 | 01:59,09 | 04:33,34 | 10:45,43 | 20:32,19 | 41:46,78 | 01:09,42 | 05:38,42 | 05:24,58 | 01:07,57 | 02:38,34 | 05:28,89 | 01:02,43 | 02:52,94 | ----- | 06:25,03 | ----- |
| <i>Europa / Europe</i> | 00:55,00 | 01:57,50 | 04:30,00 | 09:30,00 | 19:00,00 | | 01:17,50 | 02:45,00 | 06:00,00 | 01:10,00 | 02:30,00 | 05:15,00 | 01:17,50 | 02:45,00 | 05:45,00 | 05:30,00 | |
| <i>Welt / World</i> | 00:57,00 | 02:02,00 | 04:28,00 | 10:00,00 | 19:50,00 | | 1:08.0 | 02:43,00 | 06:00,00 | 01:03,50 | 02:25,00 | 05:50,00 | 01:21,00 | 03:10,00 | 06:40,00 | 05:25,00 | 13:00,00 |
| AK 80 W | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| <i>NRW / regional</i> | 01:12,00 | 02:35,00 | 05:15,00 | 13:00,00 | ----- | | 01:20,00 | 02:45,00 | 07:40,00 | 01:20,00 | 02:45,00 | 07:20,00 | 01:35,00 | 03:10,00 | 07:40,00 | 05:40,00 | |
| <i>DSV / Germany</i> | keine Zeit / no time | | | | | | | | | | | | | | | | |
| <i>USA / USA</i> | 01:08,61 | 02:36,66 | 06:16,78 | 16:59,97 | 27:29,20 | ----- | 01:52,17 | 05:39,09 | 07:56,64 | 01:24,55 | 03:14,49 | 08:01,52 | 01:49,55 | ----- | ----- | 08:21,74 | ----- |
| <i>Europa / Europe</i> | 01:10,00 | 02:30,00 | 05:15,00 | 10:45,00 | 23:00,00 | | 01:30,00 | 03:05,00 | 06:45,00 | 01:30,00 | 03:15,00 | 06:45,00 | 01:25,00 | 03:00,00 | 06:15,00 | 06:30,00 | |
| <i>Welt / World</i> | 01:05,00 | 02:35,00 | 06:00,00 | 12:40,00 | 25:00,00 | | 01:36,00 | 03:50,00 | 07:25,00 | 01:24,00 | 03:10,00 | 06:55,00 | 02:20,00 | 04:10,00 | 09:00,00 | 06:45,00 | 17:00,00 |
| AK 85 M | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| <i>NRW / regional</i> | keine Zeit / no time | | | | | | | | | | | | | | | | |
| <i>DSV / Germany</i> | keine Zeit / no time | | | | | | | | | | | | | | | | |
| <i>USA / USA</i> | 01:29,83 | 02:52,93 | 07:56,69 | 12:15,03 | | | | | | 01:44,28 | 04:26,90 | 08:49,23 | | | | | |
| <i>Europa / Europe</i> | 01:00,00 | 02:05,00 | 05:00,00 | 10:15,00 | 20:30,00 | | 01:25,00 | 03:00,00 | 06:30,00 | 01:20,00 | 02:45,00 | 06:00,00 | 01:25,00 | 03:00,00 | 06:30,00 | 06:00,00 | |
| <i>Welt / World</i> | 01:06,00 | 02:35,00 | 05:10,00 | 11:15,00 | 22:30,00 | | 01:35,00 | 03:45,00 | 07:30,00 | 01:21,00 | 03:10,00 | 07:30,00 | 01:56,00 | 04:00,00 | 08:30,00 | 07:00,00 | 14:00,00 |

Meisterschaftspflichtzeiten für die verschiedenen Altersklassen

Comparison of entry times regional/national/international for the different ages

| AK/Veranstaltung | Freistil / freestyle | | | | | | Brust / breaststroke | | | Rücken / backstroke | | | Delphin / butterfly | | | Lagen / I.M. | |
|------------------|----------------------|----------|----------|----------|----------|------|----------------------|----------|----------|---------------------|----------|----------|---------------------|----------|----------|--------------|----------|
| AK 85 W | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| NRW / regional | keine Zeit / no time | | | | | | | | | | | | | | | | |
| DSV / Germany | keine Zeit / no time | | | | | | | | | | | | | | | | |
| USA / USA | 01:40,57 | 04:08,03 | 12:15,49 | | | | 02:05,14 | 04:53,11 | | | | | | | | | |
| Europa / Europe | 01:15,00 | 02:45,00 | 05:45,00 | 12:00,00 | 24:30,00 | | 01:40,00 | 03:30,00 | 07:30,00 | 01:45,00 | 03:45,00 | 07:30,00 | 01:35,00 | 03:30,00 | 07:15,00 | 07:15,00 | |
| Welt / World | 01:25,00 | 03:00,00 | 06:45,00 | 14:20,00 | 28:10,00 | | 02:08,00 | 04:45,00 | 09:15,00 | 02:10,00 | 03:45,00 | 08:30,00 | 03:10,00 | 05:00,00 | 10:45,00 | 08:00,00 | 18:00,00 |
| AK 90 M | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| NRW / regional | keine Zeit / no time | | | | | | | | | | | | | | | | |
| DSV / Germany | keine Zeit / no time | | | | | | | | | | | | | | | | |
| USA / USA | keine Zeit / no time | | | | | | | | | | | | | | | | |
| Europa / Europe | 01:10,00 | 02:30,00 | 05:30,00 | 11:00,00 | 23:00,00 | | 01:37,50 | 03:30,00 | 07:15,00 | 01:30,00 | 03:15,00 | 06:45,00 | 01:40,00 | 03:30,00 | 07:30,00 | 06:30,00 | |
| Welt / World | 01:15,00 | 03:00,00 | 06:20,00 | 12:15,00 | 26:00,00 | | 02:00,00 | 04:37,00 | 09:00,00 | 01:40,00 | 03:50,00 | 09:00,00 | 02:30,00 | 04:50,00 | 10:30,00 | 08:40,00 | 17:00,00 |
| AK 90 W | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| NRW / regional | keine Zeit / no time | | | | | | | | | | | | | | | | |
| DSV / Germany | keine Zeit / no time | | | | | | | | | | | | | | | | |
| USA / USA | keine Zeit / no time | | | | | | | | | | | | | | | | |
| Europa / Europe | 01:20,00 | 03:00,00 | 06:15,00 | 13:00,00 | 26:30,00 | | 01:50,00 | 03:45,00 | 08:15,00 | 02:00,00 | 04:15,00 | 08:45,00 | 01:45,00 | 04:00,00 | 08:15,00 | 08:15,00 | |
| Welt / World | 01:43,00 | 03:35,00 | 08:00,00 | 16:10,00 | 33:20,00 | | 02:50,00 | 05:50,00 | 11:00,00 | 02:40,00 | 04:40,00 | 09:30,00 | 04:00,00 | 07:15,00 | 14:00,00 | 09:30,00 | 21:30,00 |
| AK 95 M | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| NRW / regional | keine Zeit / no time | | | | | | | | | | | | | | | | |
| DSV / Germany | keine Zeit / no time | | | | | | | | | | | | | | | | |
| USA / USA | keine Zeit / no time | | | | | | | | | | | | | | | | |
| Europa / Europe | 01:22,50 | 03:00,00 | 06:30,00 | 13:00,00 | 27:00,00 | | 01:50,00 | 04:15,00 | 09:00,00 | 01:45,00 | 03:45,00 | 07:45,00 | 02:00,00 | 04:15,00 | 08:45,00 | 07:15,00 | |
| Welt / World | keine Zeit / no time | | | | | | | | | | | | | | | | |
| AK 95 W | 50 | 100 | 200 | 400 | 800 | 1500 | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 200 | 400 |
| NRW / regional | keine Zeit / no time | | | | | | | | | | | | | | | | |
| DSV / Germany | keine Zeit / no time | | | | | | | | | | | | | | | | |
| USA / USA | keine Zeit / no time | | | | | | | | | | | | | | | | |
| Europa / Europe | 01:30,00 | 03:15,00 | 06:45,00 | 14:00,00 | 29:00,00 | | 02:00,00 | 04:15,00 | 09:00,00 | 02:15,00 | 04:45,00 | 10:00,00 | 01:55,00 | 04:30,00 | 09:30,00 | 09:30,00 | |
| Welt / World | keine Zeit / no time | | | | | | | | | | | | | | | | |

RZ = Richtzeit

[Diese Aufstellung wurde zusammengestellt von Paul Macher](#)

(Stand:) 14.10.2006

Quellen: Landesmeisterschaft NRW 2005, Deutsche Meisterschaften kurz 2006, Deutsche Meisterschaften lang 2006, USA Meisterschaften 2001, Europameisterschaft 2009, Weltmeisterschaft 2010